

# BREAKFAST CLUB PROVISION

The breakfast club offers children a healthy nutritious breakfast in a warm, nurturing environment. By attending breakfast club children will learn the following:

## Spreading

Children will be encouraged and supported to spread their own choice of spread on toast or crackers.

## Cutting

Children will be encouraged and supported to cut their toast or their fruit into smaller pieces if required.

## Pouring

Children will be offered water or milk (and an alternative milk product if they have any allergies/intolerances). They are served in jugs so that children can practice independently pouring their own drink.

## Health and Hygiene

Children will be encouraged and supported to:

- wash their hands when they are entering so that they are ready to eat
- wash the fruit so that it is ready to eat
- wash the bowls and cutlery



MURIEL GREEN NURSERY  
COMMUNITY · EDUCATION · DEVELOPMENT

# BREAKFAST CLUB



**Roots Federation**  
EDUCATIONAL EXCELLENCE FOR EARLY YEARS

## THE MENU

### FRUIT

We provide a variety of fruit for children to choose to accompany their breakfast



### CEREAL

We offer a choice of cereal including wheat hoops, rice crispies and weetabix.

## THE ROUTINE

The doors open at 7.45am. Daycare children go straight to their rooms for breakfast. Nursery School children go to the dining hall. When the children arrive, they:

- Greet staff and their friends
- Wash their hands
- Choose their breakfast
- Choose an activity if they finish their breakfast (such as reading with an adult/using small world resources)

### Nursery School Children

Between 8.20-8.25 children support with cleaning/tidying and help with preparing for the transition to their room which includes:

- Washing their bowl and cup
- Tidying activities away

8.25am: Children move from the dining room to their own room

8.30: Children are sat in their key group area ready to start the day!

We serve food until 8.20am. After this time we will not be able to provide food as we need to start packing away and moving to the rooms.